

Laugharne Township Community Council

Supporting Our Community

Over the coming weeks there may be people in our community who need to self-isolate due to COVID-19 (Coronavirus), or people at high risk who need to keep away from others as a preventative measure.

Although many people have family living locally who are able to help, others may be on their own or have family who are too far away to assist.

We need to pull together so that no-one suffers needlessly through lack of essentials or through the loneliness and anxiety that may otherwise accompany isolation.

Laugharne Township Community Council, with Reverend Carys Butler, are developing a volunteer bank to safely support people who are self-isolating.

If you need help, or if you can offer help, please contact:

Rev Carys Butler carys.butler@btinternet.com / 01994 427269

Cllr Roxanne Treacy roxtreacy@icloud.com / 07972 924945

We may never need these measures – but if we do, we as a community will be ready.

Below is a little note you could cut out and leave with a neighbour:

Hello!

If you are self-isolating, I can help.

My name is:.....

I live locally at:.....

My phone number is:.....

If you are self-isolating due to COVID-19 I can help with:

Picking up shopping

A friendly phone call

Posting mail

Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you:

- Avoid physical contact (2m distance)
- Wash your hands regularly
- Items should be left on your doorstep